



## HSMC Health and Safety Training

**Course:** Noise Awareness

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**Duration:** 1 hour to 90 minutes

**Attendees:** Aimed at anyone who works in high noise areas, (85 db(A) and above). Employees, team leaders, supervisors and managers.

**Aims:** To help the employer comply with the 2005 Noise at Work regulations which require at-risk employees be given training in the hazards of noise, its effects on hearing and the use of hearing protection. The course aims to demonstrate how noise causes damage, how hearing protection works and importantly what its limitations are. The outcome will be an increased appreciation of the noise risk and usually increased compliance with noise control measures.

**Contents:** Outline of course contents:

- What noise is, noise sources and how it travels.
- How the ear works and how noise damages hearing.
- A practical demonstration of noise losses allowing attendees to understand how the theory relates to their own hearing.
- How noise is controlled.
- The types of hearing protection available, how it works and what its limitations are.

**Method:** Presentation plus practical elements including demonstration of noise losses and use of hearing protection.

**Fees:** Please see quote.

**Certificate:** Attendance certificates included.

**Location:** Delivered exclusively on client sites around the UK. Can be given in an office, meeting room, store, quiet warehouse, etc.

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OFF-SITE COURSES:

- FIRE MARSHAL
- FIRE SAFETY MANAGER
- MANAGING NOISE
- RISK ASSESSMENT
- ACCIDENT MANAGEMENT
- SAFETY REPS: INTRODUCTION TO SAFETY (1 AND 2 DAY)
- HEALTH AND SAFETY FOR MANAGERS (1 AND 2 DAY)
- MANUAL HANDLING FOR TRAINERS